M.C.D.F. NEWSLETTER

248-905-5678 🛞 WWW.MOTORCITYDANCEFACTORY.COM 🕄 @motorcitydancefactory

ADULT DANCE CLASSES

Adult Tap 101 - Monday at 7:30PM
Adult Tap - Tuesday at 7PM
Adult Jazz / Ballet - Tuesday at 8PM
Adult Hip Hop - Thursday at 7PM

HUSTLE CLASSES

Move Somethin' Mondays- Monday at 7PM
Hustle for Health - Wednesday at 10AM
Hustle Party- Wednesday at 7PM
Advanced Hustle - Wednesday at 8PM

FITNESS CLASSES

Seated Fitness - Monday at 9AM
MCDF Strong - Monday at 6PM
Seated Fitness - Wednesday at 9AM
MCDF HIIT - Wednesday at 5PM

REGISTER FOR THE FULL SEASON OR PAY PER CLASS



W W W . M O T O R C I T Y D A N C E F A C T O R Y . C O M

UPCOMING EVENTS

Pizza Kit Orders Due 10/18/25 9AM - 2 PM Turn in your Traditional Pizza Kit Form & money at MCDF for (11/6/25 pickup)

Costume Fees Due

10/25/25 online

Costume invoices will be emailed after fundraisers end and can be paid in person or via the invoice from 10/25.

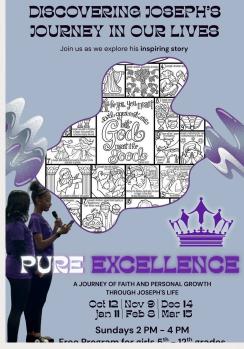
Dress up Spirt Week
Saturday 10/25 - Friday 10/31
Students are allowed to
wear costumes to class
this week, but costumes
should not be overly
restrictive for activities.

FREE MCDF PROGRAM

FOR GIRLS

What is Pure Excellence?

A program sponsored by MCDF that aims to empower girls and young women by fostering spiritual and physical health, Christian values, and a cooperative spirit. Meetings occur monthly beginning October 12th featuring Bible study, activities, dance, and discussions, concluding with a meal. Pure Excellence is open to all MCDF girls in 5th-12th grades. This season, participants will study Joseph's life (Genesis 35-50). All interested students (including past members) are encouraged to register for the 2025-2026 Pure Excellence class in the parent portal.





Message from the Director

Did you notice the flyer for adult classes? I encourage you to look again, and step out of your comfort zone this season! Try one of our amazing adult dance classes. Dance is the fountain of youth and a true mood booster. Our classes are fun, no-judgements zone where you can come be your authentic self, let loose, and get a good workout. This is Ms. Gwen, performing Hip Hop, and she is proof positive of what I'm saying!



Ms. Camille

Student Spotlight

Do you know Navi "the Menace"?

Far from being a real life menace, Navi is humble and kind. She is only a "problem" on the dance floor. We take immense pride in this former Miss MCDF and Sir Duke Scholarship recipient, who has been dancing with MCDF since her early childhood and is now a high school senior. Just a year ago, she was on the mend When they were Mini 2014 after significant knee surgery. Today, she is a highly sought-after talent, excelling Navi pictured with former dance both academically and artistically. Ivy sister Laila who now lives in MA. League schools, talent agents, and They were recently reunited at renowned choreographers are all eager Chris Grant (pictured below) who is to be part of her next chapter.



Beyonce's choreographer.

What advice would you give your younger self?



"Be okay with your best, and that may not always be perfect."

-Navi 2025

A Month in Pictures



Pick up your fundraising info at the front desk ASAP. All fundraisers end within the next 3 weeks! Don't miss out on raising money to help with your fees.



Follow our MCDF Instagram. Students may On the 25th of each month we costumes will be celebrating our 25th Saturday anniversary by memories from the archives. This is optional! This is our first flyer from 2001!



Thank you to everyone who came out to movie night on September 20th. The kids had a great time. Special thanks to Ms. Tyra and her helpers. Great job!



wear class the through Friday sharing leading up to Halloween.



MCDF Trunk or Tre

It's Trunk or Treat Time! We are hosting our annual Trunk or Treat again this year. Trunk or Treat will be Sunday, October 26th from 3pm -5pm. If you will be participating please arrive by 2:00pm to set up your trunks. Last year we had around 200 children come by so please be prepared with enough treats. You MUST fill out this form by Saturday, October 18th to participate. Rain or Shine this event will take place and we are counting on you! There will be \$200 in MCDF Bucks for the Kids' Choice Award Trunk Design Contest! You can use the MCDF Bucks for costumes, tuition, anything that happens at MCDF. You must be a current student to participate in the contest, but you don't have to be to participate in just the trunk or treat event.

(NO PEANUTS)

- We will confirm participation by email on Wednesday, October 22th, please respond by the 24th
- Each car will have an assigned number parking spot for ease of voting

If you have any questions you can email mstyramcdf@gmail.com

> Sign up to participate or donate candy

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