

M.C.D.F. NEWSLETTER

248-905-5678  WWW.MOTORCITYDANCEFACTORY.COM  @motorcitydancefactory

ADULT DANCE CLASSES

Adult Tap 101 - Monday at 7:30PM
 Adult Tap - Tuesday at 7PM
 Adult Jazz / Ballet - Tuesday at 8PM
 Adult Hip Hop - Thursday at 7PM

HUSTLE CLASSES

Move Somethin' Mondays - Monday at 7PM
 Hustle for Health - Wednesday at 10AM
 Hustle Party - Wednesday at 7PM
 Advanced Hustle - Wednesday at 8PM

FITNESS CLASSES

Seated Fitness - Monday at 9AM
 MCDF Strong - Monday at 6PM
 Seated Fitness - Wednesday at 9AM
 MCDF HIIT - Wednesday at 5PM

REGISTER FOR THE FULL SEASON OR PAY PER CLASS



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UPCOMING EVENTS

- ✳️ **Pizza Kit Orders Due**
 10/18/25 9AM - 2 PM
 Turn in your Traditional Pizza Kit Form & money at MCDF for (11/6/25 pickup)
- ✳️ **Costume Fees Due**
 10/25/25 online
 Costume invoices will be emailed after fundraisers end and can be paid in person or via the invoice from 10/25.
- ✳️ **Dress up Spirt Week**
 Saturday 10/25 - Friday 10/31
 Students are allowed to wear costumes to class this week, but costumes should not be overly restrictive for activities.


FREE MCDF PROGRAM FOR GIRLS

What is Pure Excellence?

A program sponsored by MCDF that aims to empower girls and young women by fostering spiritual and physical health, Christian values, and a cooperative spirit. Meetings occur monthly beginning October 12th featuring Bible study, activities, dance, and discussions, concluding with a meal. Pure Excellence is open to all MCDF girls in 5th-12th grades. This season, participants will study Joseph's life (Genesis 35-50). All interested students (including past members) are encouraged to register for the 2025-2026 Pure Excellence class in the parent portal.

DISCOVERING JOSEPH'S JOURNEY IN OUR LIVES

Join us as we explore his inspiring story



PURE EXCELLENCE

A JOURNEY OF FAITH AND PERSONAL GROWTH THROUGH JOSEPH'S LIFE

Oct 12 | Nov 9 | Dec 14
 Jan 11 | Feb 8 | Mar 15

Sundays 2 PM - 4 PM
 Free Program for girls 5th - 12th grades

 Please save the date
 FOR OUR 25TH ANNIVERSARY

GALA

SATURDAY | JUNE 20, 2026
 LINCOLN BALLROOM
 FORD COMMUNITY AND PERFORMING ARTS CENTER
Dinner and Entertainment

June 20, 2026

Message from the Director

Did you notice the flyer for adult classes? I encourage you to look again, and step out of your comfort zone this season! Try one of our amazing adult dance classes. Dance is the fountain of youth and a true mood booster. Our classes are fun, no-judgements zone where you can come be your authentic self, let loose, and get a good workout. This is Ms. Gwen, performing Hip Hop, and she is proof positive of what I'm saying!



Ms. Camille

Student Spotlight

Do you know Navi "the Menace"?

Far from being a real life menace, Navi is humble and kind. She is only a "problem" on the dance floor. We take immense pride in this former Miss MCDF and Sir Duke Scholarship recipient, who has been dancing with MCDF since her early childhood and is now a high school senior. Just a year ago, she was on the mend after significant knee surgery. Today, she is a highly sought-after talent, excelling both academically and artistically. Ivy League schools, talent agents, and renowned choreographers are all eager to be part of her next chapter.



When they were Mini 2014

Navi pictured with former dance sister Laila who now lives in MA. They were recently reunited at a dance intensive in Atlanta with Chris Grant (pictured below) who is Beyonce's choreographer.

What advice would you give your younger self?

"Be okay with your best, and that may not always be perfect."

—Navi 2025

A Month in Pictures

Pick up your fundraising info at the front desk ASAP. All fundraisers end within the next 3 weeks! Don't miss out on raising money to help with your fees.



Thank you to everyone who came out to movie night on September 20th. The kids had a great time. Special thanks to Ms. Tyra and her helpers. Great job!



Follow our MCDF Instagram. On the 25th of each month we will be celebrating our 25th anniversary by sharing memories from the archives. This is our first flyer from 2001!



Students may wear their costumes to class the Saturday through Friday leading up to Halloween. This is optional!

**MCDF Trunk or Treat**

It's Trunk or Treat Time! We are hosting our annual Trunk or Treat again this year. Trunk or Treat will be Sunday, October 26th from 3pm – 5pm. If you will be participating please arrive by 2:00pm to set up your trunks. Last year we had around 200 children come by so please be prepared with enough treats. You **MUST** fill out [this form](#) by Saturday, October 18th to participate. Rain or Shine this event will take place and we are counting on you! There will be \$200 in MCDF Bucks for the Kids' Choice Award Trunk Design Contest! You can use the MCDF Bucks for costumes, tuition, anything that happens at MCDF. You must be a current student to participate in the contest, but you don't have to be to participate in just the trunk or treat event.

(NO PEANUTS)

- We will confirm participation by email on Wednesday, October 22nd, please respond by the 24th
- Each car will have an assigned number parking spot for ease of voting

If you have any questions you can email mstyramcdf@gmail.com

**Sign up to participate
or donate candy.**